

Child Error Sensitivity Index

Please put a check in 1 box per row to tell us whether each sentence is:

1 = not at all like you

2 = somewhat like you

3 = a lot like you

	<u>1 = not at all like me</u>	<u>2 = somewhat like me</u>	<u>3 = a lot like me</u>
1. I feel upset when other people don't like something I have done.			
2. If I make a mistake, I always want to fix it.			
3. When I make a mistake, I feel anxious.			
4. I am afraid of making mistakes in front of other people.			
5. I like to do things perfectly.			
6. My stomach feels sick when I make a mistake.			
7. When someone notices I did something wrong, I feel upset.			
8. When I make a mistake, I start sweating or blushing.			
9. When I notice a mistake I made, I feel upset.			

Scoring:

Factor 1: Social Concerns – add up items 1, 4, and 7

Factor 2: Perfectionism – add up items 2 and 5

Factor 3: Physical Reactions – add up items 3, 6, 8, and 9