

Parent Sensitivity to Child Errors Index

Please indicate to what extent each statement is true about the way you feel about your child?

1 = not at all like you

2 = a little like you

3 = moderately like you

4 = a lot like you

5 = extremely like you

1. When I notice a mistake my child made, I feel upset. _____
2. My stomach feels like it “drops” when I see my child make a mistake. _____
3. If my child makes a mistake, I have a strong urge to fix it immediately. _____
4. When someone notices my child did something wrong, I feel upset. _____
5. I am afraid of my child making mistakes in front of other people. _____
6. I feel an urge to check over things my child has done to make sure she/he did not make a mistake. _____
7. If my child makes a mistake and I can't fix it, I feel like “something isn't right.” _____
8. I have a strong need for my child to do things close to perfectly. _____
9. I feel upset when other people criticize something my child has done. _____
10. When my child makes a mistake, I feel anxious. _____
11. I often want to make sure something my child has done is “just right” or perfect. _____
12. When someone notices a mistake my child made, I feel more upset than other people. _____
13. I am more concerned about my child's mistakes than other people's mistakes. _____
14. After my child makes a mistake, I think about it for a long time. _____
15. My child making mistakes means I am a less good person. _____
16. When my child makes a mistake, I start sweating or blushing. _____
17. I like to feel in control of my child more than other people do. _____

18. My child being good at something means not making mistakes. _____

19. I care about my child making mistakes during silly tasks, even when I know it doesn't matter. _____

20. I like to watch my child do things to make sure she/he doesn't make mistakes. _____